*The Italian Applicant****A.S.D. Gruppo Atletico Polisportivo Castelbuonese,****is happy to share with you the outputs created during the Project “****START - Sport TrAining to Run Together****” (Project Number****590484-EPP-1-2017-1-IT-SPO-SSCP)****co-funded by****Erasmus+ Sport Actions****.*

*The Project****“START”****is a****Small Collaborative Partnership****and it is implemented by a partnership of 5 Organizations from 5 European Countries:*

-       *A.S.D. Gruppo Atletico Polisportivo Castelbuonese (Italy – Applicant)*[*www.girodicastelbuono.com*](http://www.girodicastelbuono.com/)

-       *Bulgarian Sports Development Association – BSDA (Bulgaria – Partner)*[*www.bulsport.bg*](http://www.bulsport.bg/)

-       *Helsinki YMCA (Finland – Partner)*[*www.hnmky.fi*](http://www.hnmky.fi/)

-       *BLASK - Birzu lengvosios atletikos sporto klubas (Lithuania – Partner)*[*www.birzulengvoji.lt*](http://www.birzulengvoji.lt/)

-       *Freguesia de Gondomar (S. Cosme), Valbom e Jovim – UFGVJ (Portugal – Partner)*[*www.uf-gvj.pt*](http://www.uf-gvj.pt/)

*The main aim of START Project is to promote and strengthen the vision of sport as a tool for integration, social inclusion and promotion of equal opportunities.*

*START promoted a specific path at two levels:*

-       *To raise awareness and train the coaches, trainers, instructors, educators, facilitators and animators in the field of sport, managers and staff of non-profit organizations to use the language and methodologies of Sports as a vehicle for social inclusion, respect for others and integration of vulnerable groups at risk of exclusion and marginalization, supporting the development of the European dimension of sport. This aim it is reached through a specific****activity of mobility in Bulgaria (short transnational training course)****for coaches, managers and staff volunteers of non-profit sport organisations and through the organization at local level (in each country of the partnership) of****the Local Training Days****in order to transfer the knoweldge acquired during the transnational training course to the local people interested to this focus theme.*

-       *To encourage the participation in sports activities (grossroots sport and phisycal activity) of the local population, in particular of the most vulnerable groups (immigrants, women, young people NEET, adolescents), who have more difficulties to access sport initiatives because of language, social, cultural barriers, economic difficulties or for the presence of prejudices. This aim it be reached through the organization of sport activities at local level during the****START Sport Day****(in each country of the partnership).*

*For more information about the Project and the activities promoted, we invite you to visit the official website of the project*[*www.startcastelbuono.eu*](http://www.startcastelbuono.eu/)

*The 3 Outputs of START Project are:*

-       *The****Handbook****“****START Project Transnational Training****”: this document contains the description of the transnational training realized in April 2018 in Sofia, the methods and approaches illustrated and the good practices shared or experimented using the language and methodology of Sport as a tool for integration and promotion of socio-cultural inclusion. In attachment you find the Handbook translated in national language.*

-       *The****National Videos****“****START Project: National Experience****” that tell the experience realized during the Training Days and during the START Sport Day in each country involved in the partnership; we invite you to see our national video created, in attachment.*

-       *The****Long Video****“****START Project****” that tells the experience of the Project “START” since the official start of the project (Kick off Meeting among Partner – February 2018); we invite you to see the video created with the contribution of all Partners, published in the project website.*

*At the following link*[*https://www.startcastelbuono.eu/outputs-and-reports/*](https://www.startcastelbuono.eu/outputs-and-reports/)*you will find the Handbooks translated in english and in the other national languages of the Partners involved in START Project and all videos created.*

*We invite you also to visit and share the social channels dedicated to START Project:*

*The****Facebook page***[*https://www.facebook.com/STARTEuropa/*](https://www.facebook.com/STARTEuropa/)

*The****Twitter Account***[*https://twitter.com/startcastelbuon*](https://twitter.com/startcastelbuon)